

## **Introduction**

Penny Rugs were borne out of the traditions of the early 1800's where people had to make do with what little they had.

From bits of wool scraps and felted wool scraps, they crafted functional items for their homes that reflected their creativity and ingenuity. A penny rug was used as a table mat most often, but could also be used as other decorative items for the home as well as the sewing basket.

Originally, the mats that were made to protect table tops were covered with stacks of "pennies". The pennies were circular pieces of wool that were cut using the coins of the day as templates. Coins were different sizes than our modern currency.

In particular, the US penny was about 1¼" which is much larger than our current coin. The stacks of graduated size pennies were placed side by side on early mats. Both the edges of the pennies and the outer edge of the mat were stitched with a blanket stitch.

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As time went by, the designs included appliqué work also. The inspiration for these designs often came from other familiar sources. This would include folk art of the person's ethnic community.

Quilt block patterns were the most common source of design elements. Each quilter made their wool work to reflect unique skills and tastes. It was fashioned as a useful and functional items that decorated the home. Functional items included needle books (to store your needles with thread), scissors sheaths (to protect your scissors), and candle mats (to protect your tables from wax which bonds to a shellac finish).

May you find inspiration in these patterns to bring your own unique brand of style into your home.

**Care Instructions:** All of the wool felt in our kits is a blend of 20-35% wool. Dry cleaning is recommended for cleaning. To press wool felt, use a steam iron on high.

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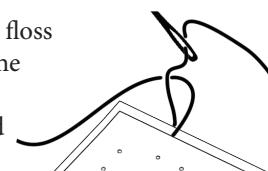
## **Kit Contents**

Qty	Item
2	Large Double Heart Base
2	Needle Pages
1	Large Heart
1	Medium Heart
1	Small Heart
	Floss, Needle, & Instructions

## **Stitches Needed**

### **Blanket Stitch**

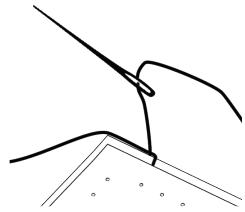
Thread the needle with floss and knot only one of the two ends.



The needle is inserted between two layers, then down through the bottom layer and up over the tail.

Pull the thread tight which will set the knot between the layers.

Insert the needle down into the fabric, through both layers, and up inside the loop. Then, pull tight.



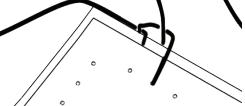
Repeat this along the edge of the fabric until you have completed the edging.

The stitching should be evenly spaced and have the loop along the seam.

## **Instructions**

### **Assembly**

Take one of the large Heart Needle Book bases and pin a large, medium and small heart on the front as shown on the cover. Blanket Stitch the outer edge of the large heart to the base, the medium heart to the large heart, and



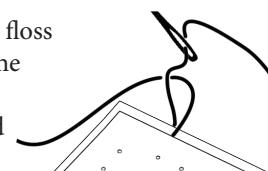
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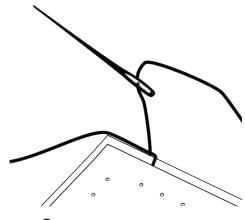
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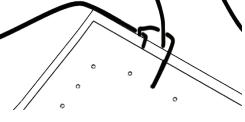
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the small heart to the medium heart using matching or contrasting color floss.

Take the second base and pin the pages to the one half of the base. (Note: When folded and joined to the other base, this will be on the inside back flap and under the top flap with the three hearts).

Blanket Stitch the top edge of the pages to the base with the matching or contrasting color floss.

Pin the two bases together so that when folded, heart stack is on the top and the needle book pages are on the inside back. Lay the needle book on a table with the heart stack facing up (just like on the cover), open the needle book and you should see the needle pages face up. If they are not, you will need to un-pin and rotate the inner base to the correct orientation. Once you have confirmed the layout, blanket stitch the outside edges and the inner square.

## Feedback

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Our company's focus is on providing Products that are "Fun with a Purpose" to help young people grow in the world around them and your ideas are always welcome.

If you have ideas, suggestions, corrections, questions, photos of a completed project, critiques, or reviews on these instructions or the kit that you would like to share with us, you can send an email to:

[kits@lumenaris.com](mailto:kits@lumenaris.com)

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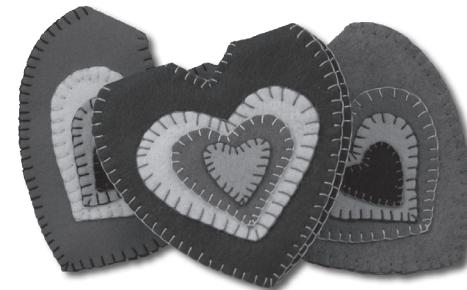
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DOC ID: Heart Needle Book - Instructions 2012-10-12 v1d



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## Heart Needle Book Kit



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